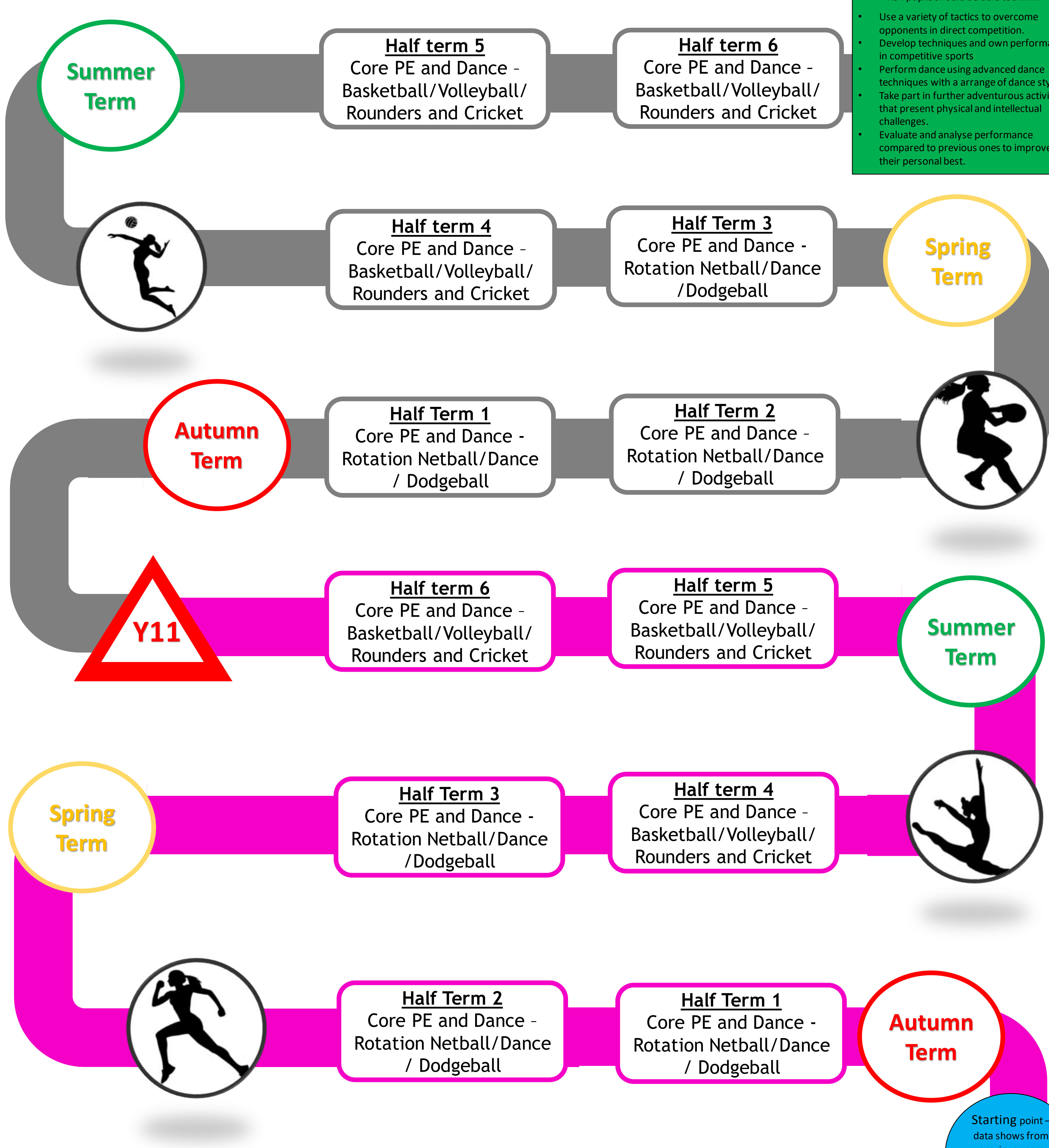


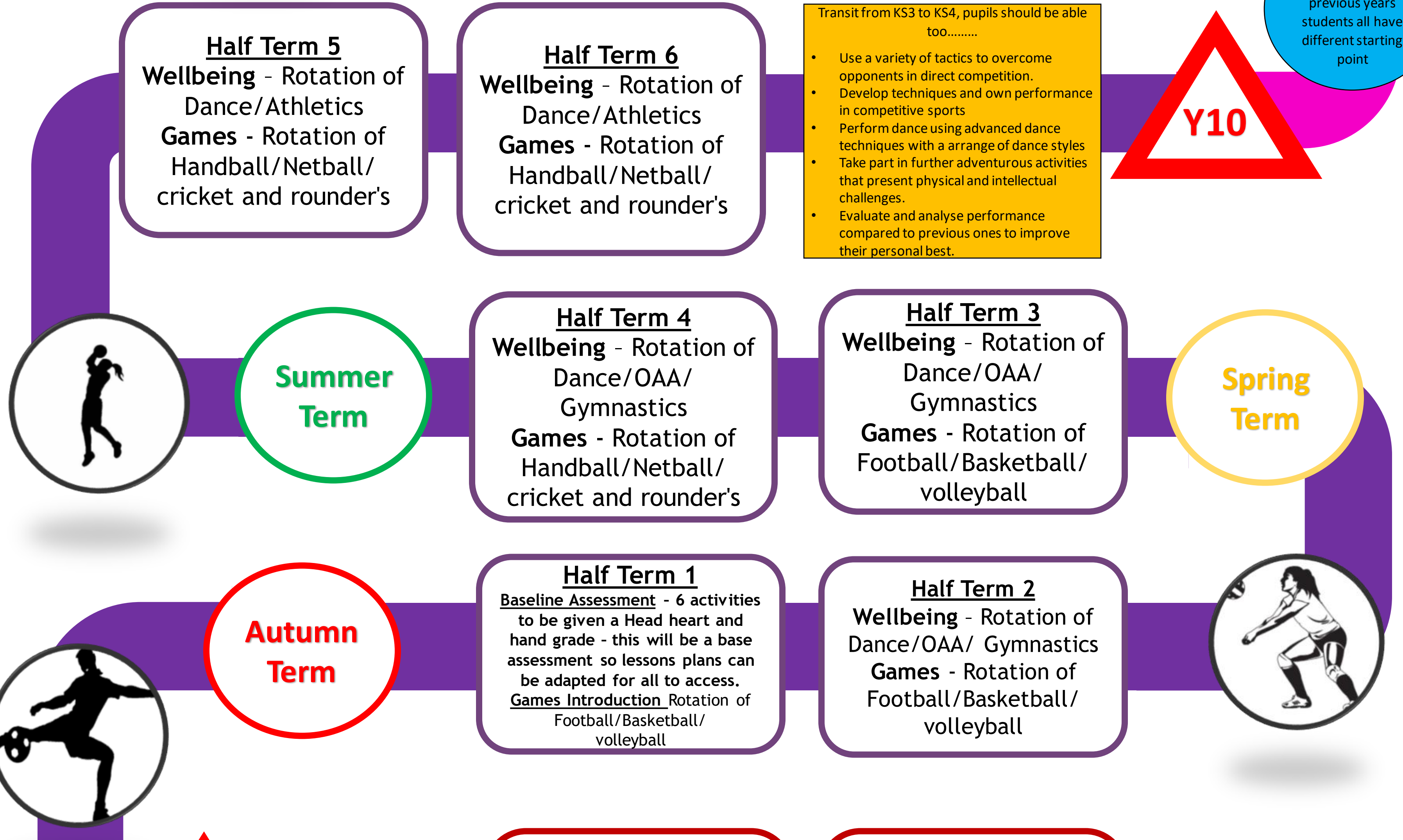
# Prenton PE and Dance Learning Journey

KS4 pupils should be able too.....

- Use a variety of tactics to overcome opponents in direct competition.
- Develop techniques and own performance in competitive sports
- Perform dance using advanced dance techniques with a arrange of dance styles
- Take part in further adventurous activities that present physical and intellectual challenges.
- Evaluate and analyse performance compared to previous ones to improve their personal best.



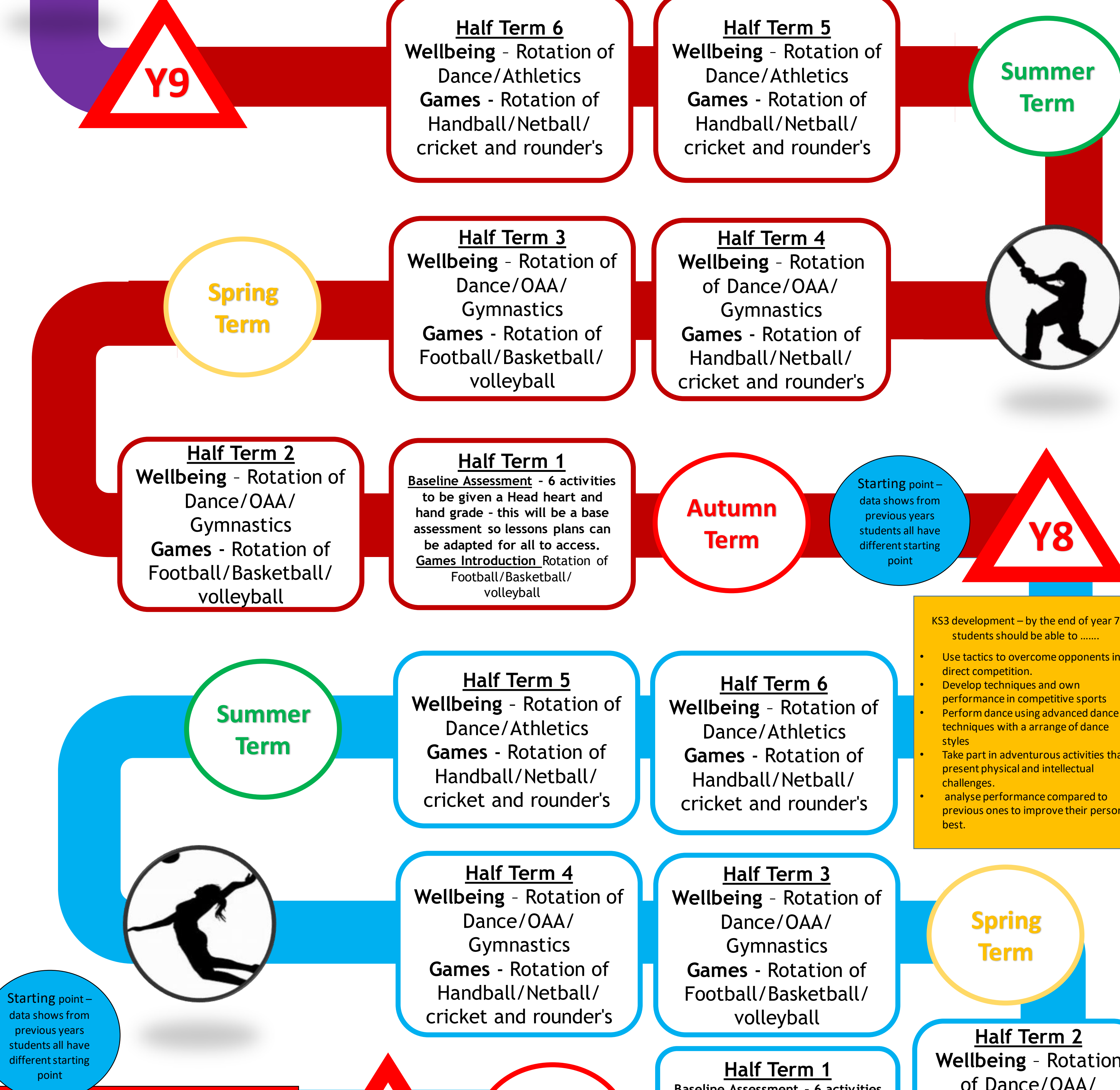
Starting point – data shows from previous years students all have different starting point



Starting point – data shows from previous years students all have different starting point

KS3 development – by the end of year 7 students should be able to .....

- Use tactics to overcome opponents in direct competition.
- Develop techniques and own performance in competitive sports
- Perform dance using advanced dance techniques with a arrange of dance styles
- Take part in adventurous activities that present physical and intellectual challenges.
- analyse performance compared to previous ones to improve their personal best.



Starting point – data shows from previous years students all have different starting point

Transit from KS2 to KS3 - pupils should be able too.....

- Use running, jumping throwing and catching in isolation.
- Play competitive games – modified where appropriate
- Develop – strength, flexibility, technique, control and balance
- Take part in adventurous activities and challenge individually and in a team
- Compare their performance with previous ones and demonstrate improvement to their personal best.

