



Headteacher: Mrs L Ayling BA (Hons) NPQH

September 2017

Dear Parent/Carer

Your daughter will be completing her module based around food and nutrition as part of the technology rotation. This module will include preparing and producing a range of dishes to practice and learn a range of different skills, techniques and experimental food science investigations. To ensure that your daughter is able to fully access the curriculum and make the progress required she will need ingredients for her practical lessons. A recipe booklet has been given to your daughter and she will be informed a week in advance which product she will be making. Should the book be mislaid she can write the recipe down or photograph at the end of the lesson. This book can be kept safely at home.

If there are any issues regarding ingredients, they need to be discussed with the teacher in advance of the lesson.

It is also important that your daughter brings in a dish to make the product in, when required, as well as a method for taking the finished product home. Cling film / foil will be provided by the school to support this.

When your daughter has a practical food lesson could you please reinforce the following guidelines with them:

1. Bring her ingredients straight to the food room when she arrives at school (ideally before registration from 8:15am onwards)
2. Place perishable items (meat, butter, milk, cheese) in the fridge using a label to help identify her ingredients
3. Dry ingredients should be left in labelled boxes/bags in the correct storage area
4. Collect her product at the end of the school day along with any remaining ingredients and containers.
5. To eliminate products and containers being taken by other students it is essential that students label their items.
6. Food products and containers that are not collected after the practical lesson will be safely stored until the end of the following day after which the product will be disposed and containers stored for a week.

Thank you in advance for your support, if you have any queries please contact me.

Yours faithfully

Mrs M English
Teacher of Food and Nutrition.